

Over 150,000 people adopt children each year, and more than 2 million parents are now raising adopted children and grandchildren. While the path to parenting through adoption is rich with rewards and fulfillment, it's not without its bumps. This compassionate, illuminating, and ultimately uplifting book is the first to openly recognize the very normal feelings of stress that adoptive families encounter as they cope with the challenges and expectations of their new families. Where do parents turn when the waited-for bonding with their adopted child is slow to form? When they find themselves grieving over the birth child they couldn't have? When the child they so eagerly welcomed into their home arrives with major, unexpected needs? Until now, adoptive parents have had to struggle silently with their feelings, which can range from flutters of anxiety to unbearable sadness. At last, Karen J. Foli, a registered nurse, and her husband, John R. Thompson, a psychiatrist, lift the curtain of secrecy from Post Adoption Depression Syndrome (PADS). Drawing on their own experience as adoptive parents as well as interviews with dozens of adoptive families and experts in the field, the couple offers parents the understanding, support, and concrete solutions they need to overcome post-adoption blues—and open their hearts to the joy adoption can bring.

Fetal Heart Rate Monitoring: Clinical Practice and Pathophysiology, The Second Most Important Job in the Country, The Birth From On High: Reflections on the spirituality and history of Baptism from the monastery of St. Macarius, Geschichten der Informatik: Visionen, Paradigmen, Leitmotive (German Edition), A Victim-led Criminal Justice System: Addressing The Paradox,

The Post-Adoption Blues: Overcoming the Unforeseen Challenges of Adoption by Karen J. Foli () [Karen J. Foli; John R. Thompson] on [elevateexperience.com](http://elevateexperience.com)

The Post-Adoption Blues: Overcoming the Unforeseen Challenges of Adoption by Karen J. Foli () [Karen J. Foli; John R. Thompson;] on [elevateexperience.com](http://elevateexperience.com). Post-Adoption Blues has ratings and 14 reviews. process, even after the child of your dreams is in your house, there are still hurdles to be overcome. For anyone considering adoption or anyone who may have just adopted a child, The Post-Adoption Blues: Overcoming the Unforeseen Challenges of Adoption. 2 Sep - 51 sec - Uploaded by C Merriam The Post Adoption Blues Overcoming the Unforeseen Challenges of Adoption Pdf Book. C. The adoption process -- The world's best parents -- Attachment to your child -- The well-being of the child -- The specific and emotional needs of the adoptee.

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